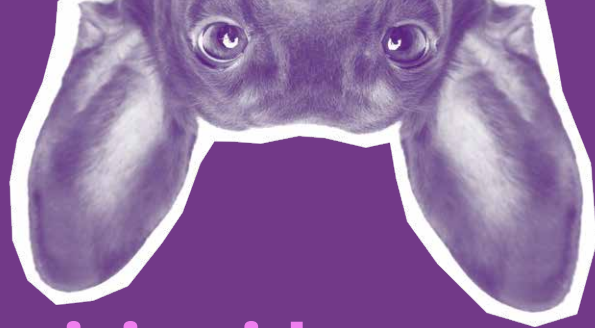


# A-Z



## of Fundraising ideas

Here are some of the simple ideas to help with your fundraising.

Get in touch if you have any questions or want to find out more about the ideas below.

|          |  |          |  |
|----------|--|----------|--|
| <b>A</b> | Abseil - don't look down   | <b>N</b> | Nature Time - challenge yourself to get outside every day          |
| <b>B</b> | Birthday Giving - Facebook can help  | <b>O</b> | Office Olympics - remember your risk assessments                   |
| <b>C</b> | Cocktail Night (or mocktails) - shake it up and host an evening for your friends | <b>P</b> | Planks or Press Ups - how many could you do every day?             |
| <b>D</b> | Dugs Dinner - be the host and invite your friends for some homemade grub         | <b>Q</b> | Quiet Time - one for the chatterboxes                              |
| <b>E</b> | Ebay - sell those unwanted items and donate the funds                            | <b>R</b> | Run - join one of our events and we will be there to cheer you on! |
| <b>F</b> | Fancy Dress at school/work - animal themed?                                      | <b>S</b> | Swim - indoors or outdoors?  |
| <b>G</b> | Give something up and get sponsored  | <b>T</b> | Tombola - host one or donate items to us for our stalls            |
| <b>H</b> | Hike - distance and time is up to you  | <b>U</b> | Uniform Free - school or at work                                   |
| <b>I</b> | Ice Bath - can you brave the brr?  | <b>V</b> | Village Fete - could you host a stall?                             |
| <b>J</b> | Joke-a-thon - gather your friends for a giggle                                   | <b>W</b> | Welly Waddle - Scottish weather helps                              |
| <b>K</b> | Karaoke - unleash your inner diva  | <b>X</b> | X Marks The Spot - send the family on a treasure hunt              |
| <b>L</b> | Loose Change - all those pennies add up and we provide the collection boxes      | <b>Y</b> | Yappy Hour - have you heard about our campaign?                    |
| <b>M</b> | Mobile Phone Free - could the whole family last a day without their mobile?      | <b>Z</b> | Zipslide - feel brave enough?                                      |