

## A-Z OF FUNDRAISING IDEAS

Here are some simple ideas to help with your fundraising. Get in touch with any questions or to find out more about our challenge events

A	Abseil - don't look down	N
B	Birthday Giving - Facebook can help	0
	Host a Cocktail Night (or mocktail)	P
D	Dugs Dinner - be host and charge your friends for some homemade grub	Q
B	Ebay - sell those unwanted items and donate the funds	R
	Fancy dress at school/work- animal themed?	S
G	Give something up and get sponsored	Ι
H	Hike - distance and time is up to you	U
	Ice Bath - can you brave the brr?	V
	Joke-a-thon - gather your friends for some giggles	W
K	Karaoke - unleash your inner diva	X
	Loose Change - all those pennies add up and we provide the collection boxes	Y
M	Mobile Phone Free - could the whole family last a day without their mobile?	Z



Nature Time - challenge yourself to get outside everyday



**Office Olympics (remember your risk** assessments)



Planks or Press Ups - how many could you do every day?



- Quiet Time one for the chatterboxes
- Run join one of our events and we will be there to cheer you on!
  - Swim indoors or outdoors?



- Tombola host one or donate items to us for our stalls
- Uniform Free school or at work
  - Village Fete could you host a stall?



Welly Waddle - Scottish weather helps



- Yappy Hour have you heard about our campaign?
  - Zipslide feel brave enough?